



**GET  
LOCAL  
HELP  
EASILY!**

**harlowfrontline.org.uk**

**eppingforestfrontline.org.uk**

**uttlesfordfrontline.org.uk**



Essex County Council



West Essex  
Clinical Commissioning Group



**A website and app  
which lets you find  
and link to over 100  
local support services  
– all in one place**

- Foodbanks
- Benefit and housing advice services
- Drug and alcohol services
- Befriending
- Carer support
- Family support
- Local transport help
- Patient support groups
- Independent living services



**Advice**



**Mental  
Health**



**Family**



**Transport**

# How can Frontline help me?

When life is tough, you need a simple way to access local help.

- **The library of services is quick and easy to search**
- **Every service operates in your district**
- **Information is regularly updated by services**
- **Many services accept call back requests**
- **Local information factsheets to print**

Visit your local Frontline website or download the 'Frontline Public' App

If you do not have access to the internet and need help finding a local service – Healthwatch Essex is available from 9am to 5pm Monday to Friday on

**0300 500 1895**

(calls charged at local rate).



**Addiction**



**Older People**



**Wellbeing**



**Disability**

# How can Frontline help me as a Professional?

If you work in the health and wellbeing sector, delivering services or helping people to access support, why not join the 828 doctors, nurses, council officers, social workers, mental health workers, service providers, teachers and community volunteers who are already using the system.

**Visit any Frontline website or download the 'Frontline Professional' App and click 'register' or call 01799 618855.**

- **A library of services that is quick and easy to search**
- **Every service operates in the local district**
- **Make secure referrals to services and get real time responses**
- **Easily update your own details on the system, reset passwords etc.**

If you are interested in using Frontline in another district please contact us on

**01799 618855**

or email [info@essexfrontline.org.uk](mailto:info@essexfrontline.org.uk)



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